



September 27, 2009

Link to podcast:

<http://cmm.thepodcastnetwork.com/2009/09/27/the-cranky-middle-manager-show-209-leap-with-rick-smith/>

The Cranky Middle Manager Show #209 Leap with Rick Smith

Today [Wayne Turmel](#) talks to Rick Smith, Author of [The Leap- How 3 Simple Changes Can Propel Your Career From Good to Great](#)". We also shamelessly plug some upcoming webinars, salute King David's career plan and take a new assessment tool. Just another typical Cranky Middle Manager Show.

Rick Smith, author of [The Leap](#) joins us.

Don't forget our upcoming webinar workshop: [How to Create and Manage Remote Teams](#)

[September 30, North American version click here for info and to register](#)

[October 1, Asia/Pacific version click here for info and to register](#)

New Webinar Workshop: How to Conduct Great Web Demos and Sales Calls [Click here to register and get more information.](#)

Show Notes

0:00 Welcome to the show. Today we dedicate this episode to [King David of Judah and later of Israel](#) Shepherd to King might seem a bit of a career leap but if you plan it right, anything is possible.

4:19 The quote of the week is from [Ella Wheeler Wilcox](#) who said that nothing can hinder the firm resolve of a determined soul. With poetry like hers, she should know.

4:50 Welcome Rick Smith to the show. Before we talk about our careers, we should define the difference between a job and a career. The job is the list of activities, the career is the longer journey. Clear now? Some of us set out to be managers, some have managership thrust upon them. Rick is one of them so he can relate.

8:54 So often the logical path might lead somewhere you don't want to go, but you can "leap" to something else. Rick gives us his own story. Volunteer for things they'd never consider you for is a good start.

12:15 A good example of someone who embodies this is Silvia Lagnado who started [Dove's Campaign for Real Beauty](#).

16:28 So what are the three myths that hold people back?

1. I have to fix myself... that I have to change inside. What you really have to do is become more of who you really are
2. You don't need to go it alone.... Big selfless ideas attract a supportive team that will help you
3. You don't need to take dramatic risks.....

18:03 Rick talks about finding your "Primary Color"... it's kind of a fun assessment tool [You can take that test here](#). For the record I'm a 'Purple Mountain Majesty' (Far left top corner) Big on curiosity and leadership, not so much with the execution.

24:40 Why is Curiosity such an important part of making "The Leap"?

Rick's Resources

[Tim Ferris' Four Hour Workweek Blog](#)

[Penelope Trunk's Brazen Careerist Blog](#)

[Leapbuilder.com for all Rick's stuff](#)