

LOVE YOUR

NOVEMBER

WORK IT!

Discover your true calling

Wish you adored your job? One upside to a down economy: Uncertainty can prompt you to reexamine your path. "You'll be most fulfilled and successful if your duties merge your strengths and passions," says Rick Smith, author of *The Leap* (Portfolio). Rather than abruptly hop jobs or invest in grad school, use these three low-risk steps to choose a career that makes your heart sing.

1. Size up your strengths. Discern your talents and interests—and find the sweet spot where they dovetail—by answering the series of questions on Smith's Primary ColorAssessment.com. You'll learn if your current career taps your penchant for, say, creativity or design and uncover what kinds of fields you may flourish in.

2. Test-drive your dream. Figure out if the potential field is for you by pursuing projects that use your talents or, if opportunities at your office are limited, volunteering or moonlighting. Keen to be a pastry chef? Take a weekend shift at a bakery. Or try a condensed internship for a few days (VocationVacations.com; from \$549).

3. Gain experience. If the career you're testing feels like a good fit, transition into it by "showcasing your talents and building your reputation," says Alexandra Levit, author of *New Job, New You* (Ballantine Books, out in December). Is floral arranging in your future? Create a friend's wedding bouquet. You'll be a whiz before you enter the biz! —Cristina Tudino

SEE CHANGE

To broaden your horizons, pursue new experiences while still in your current job.

BE SELFY THIS MONTH Get in line for *Nine*. The glitzy movie musical will motivate you to *move!*

• Serve a flavorful organic turkey that's been raised locally on natural feed; visit LocalHarvest.org for stores near you. • Smile through a road trip with a playlist inspired by your route at AmplifiedJourneys.hk.